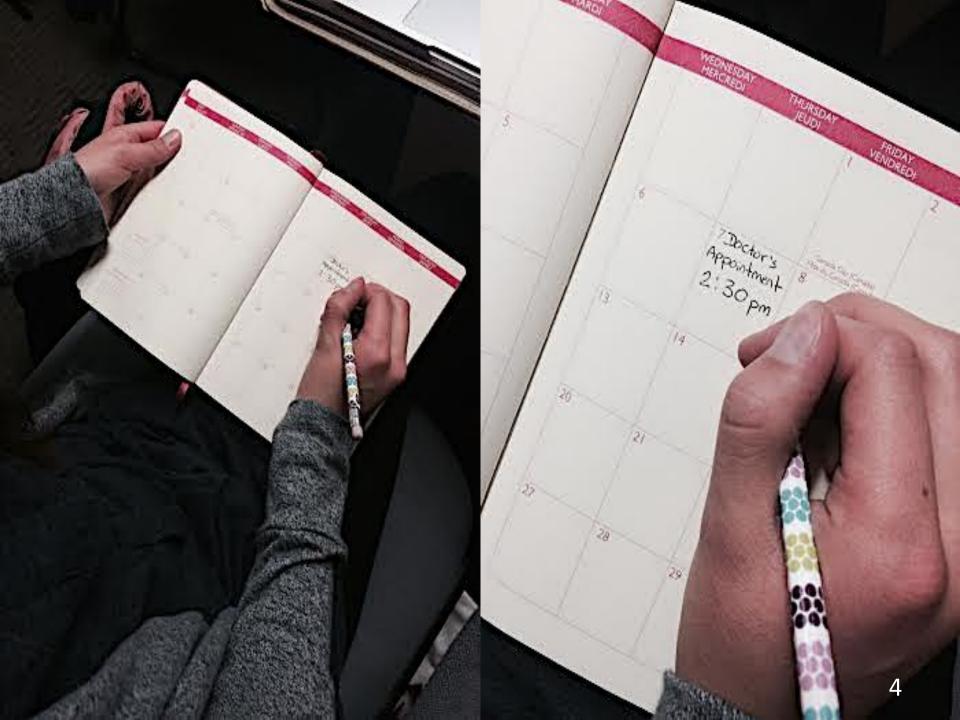
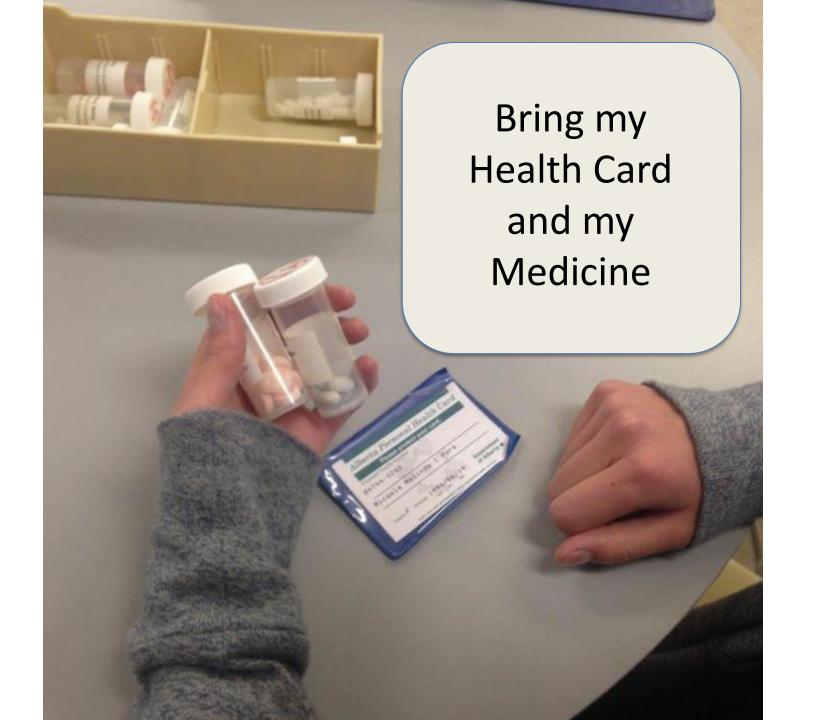
## Lelina Goes to the Doctor's Clinic





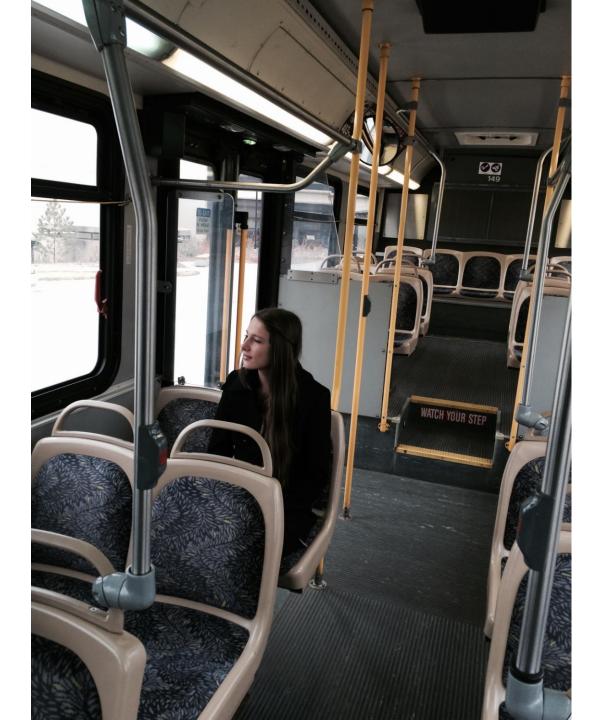


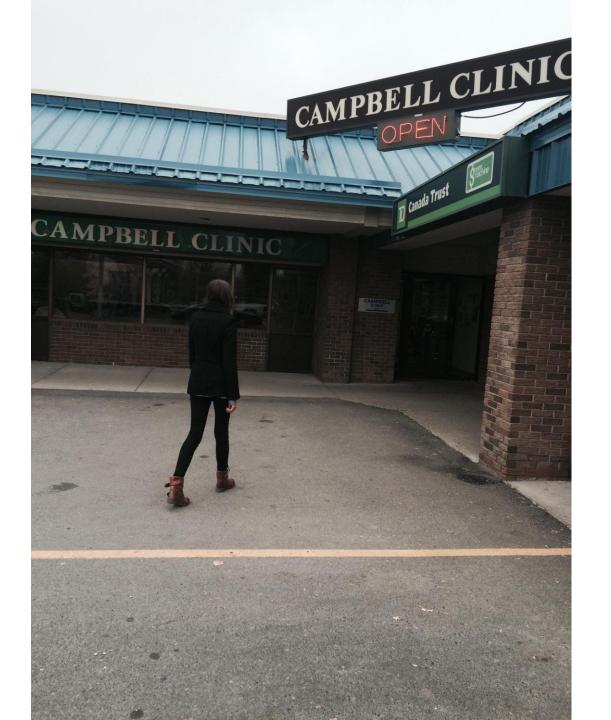






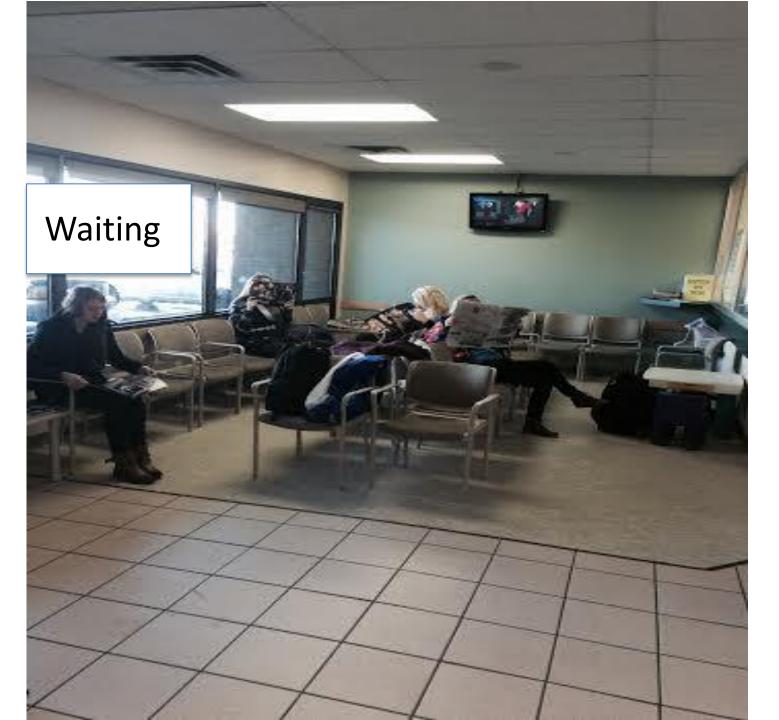


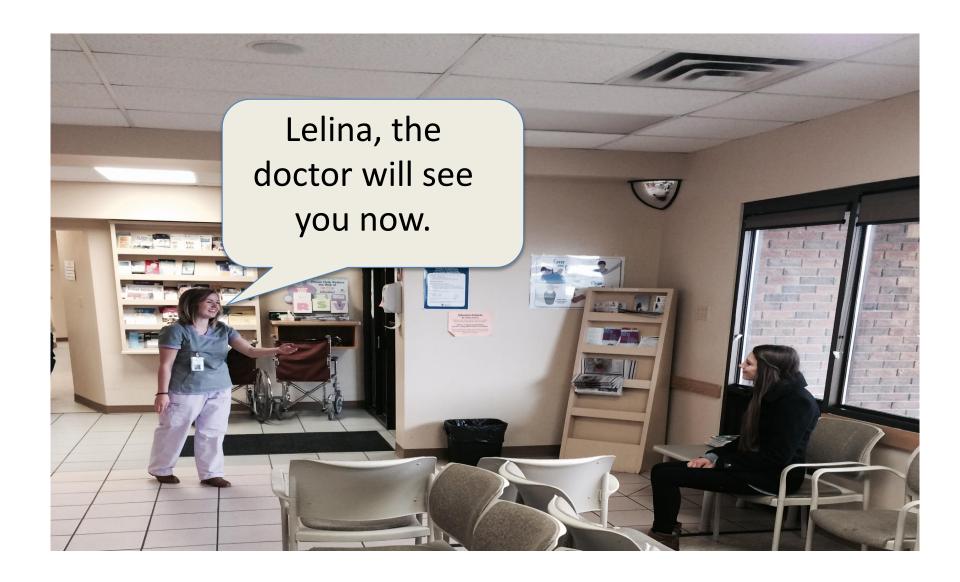




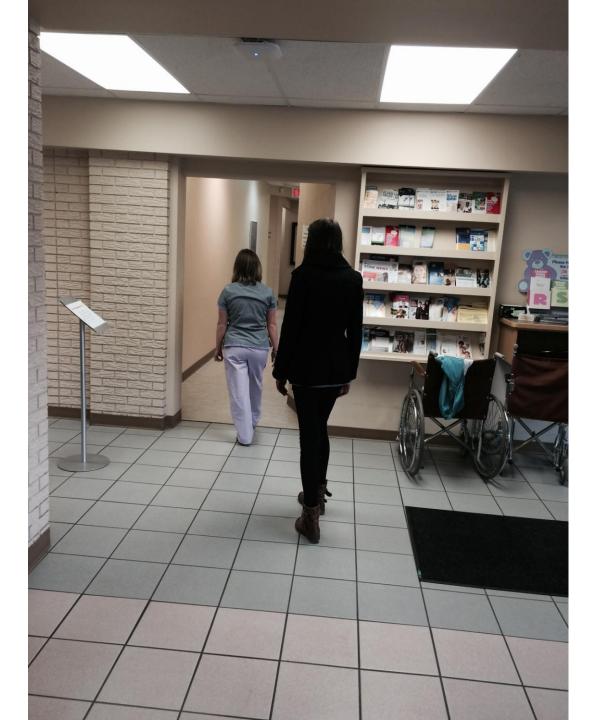


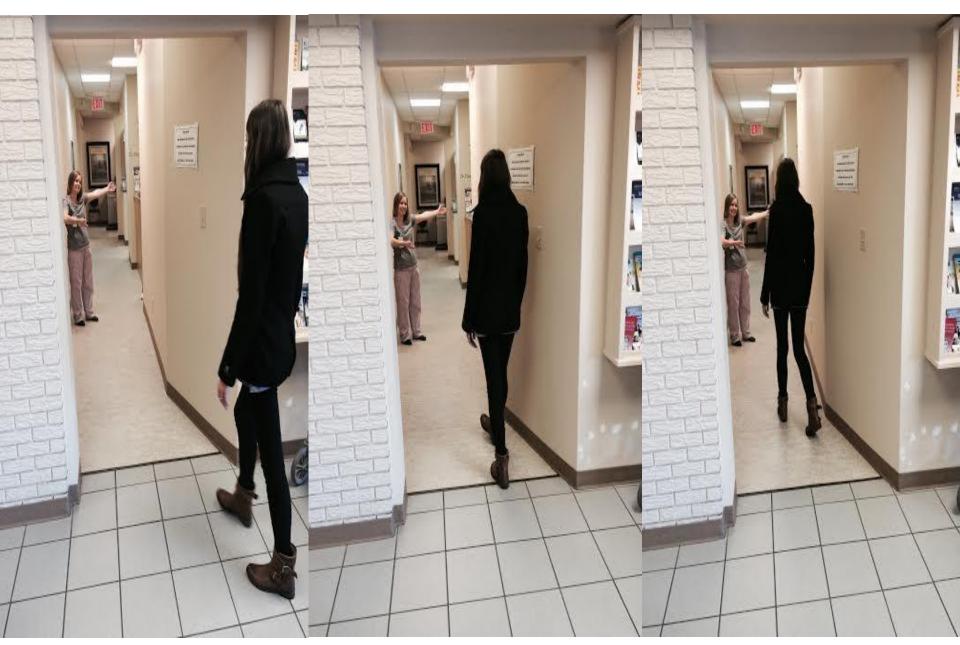




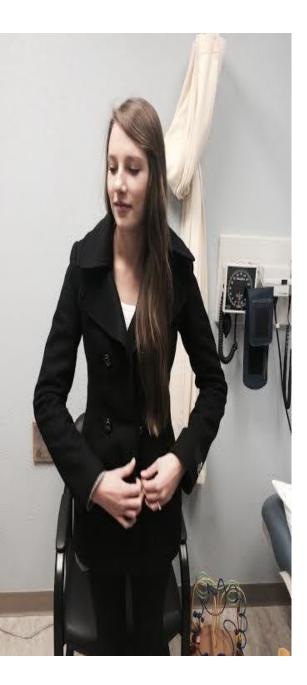


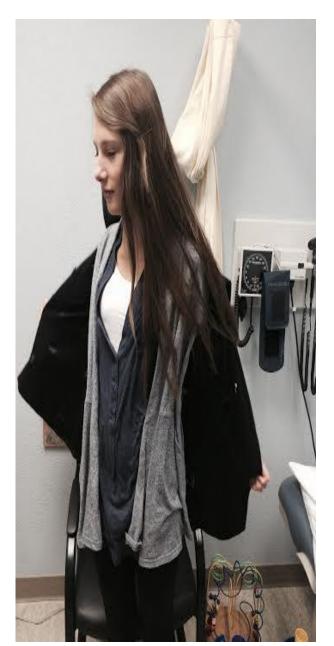








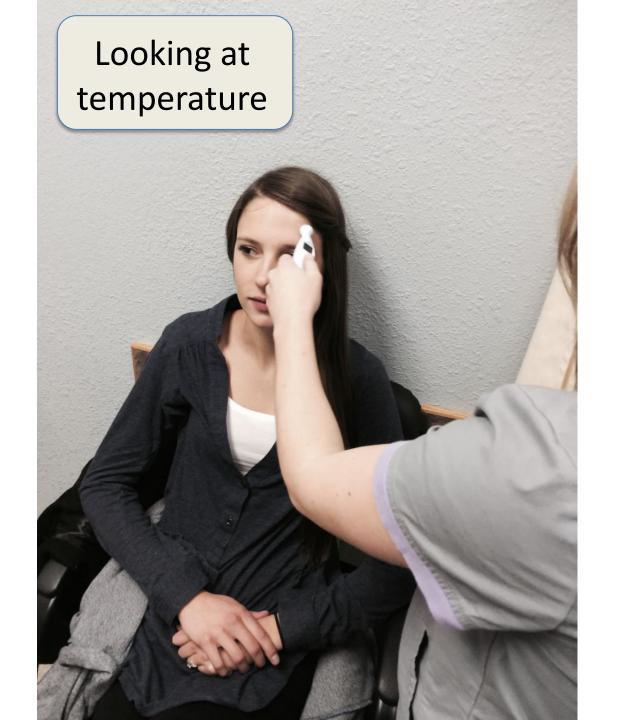


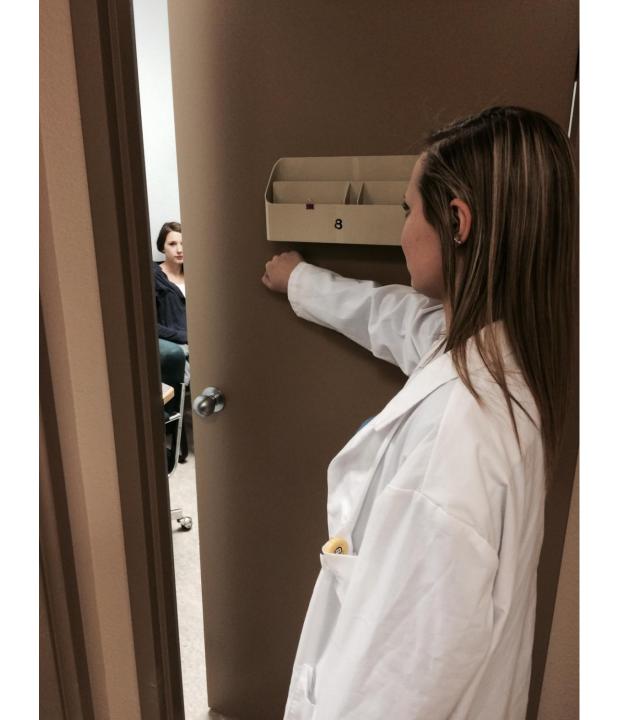




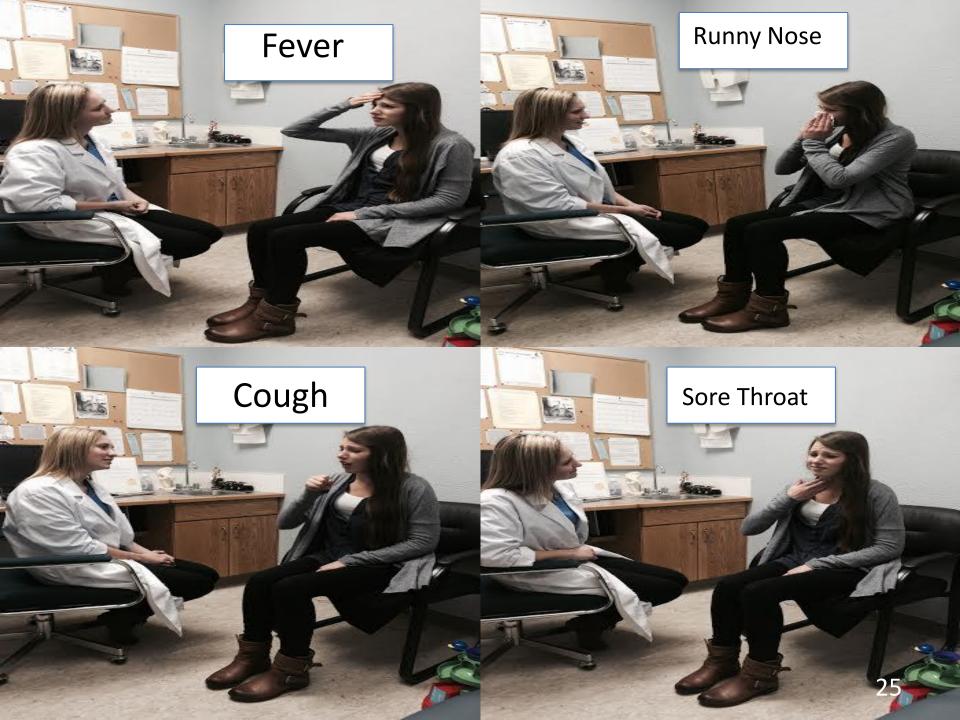














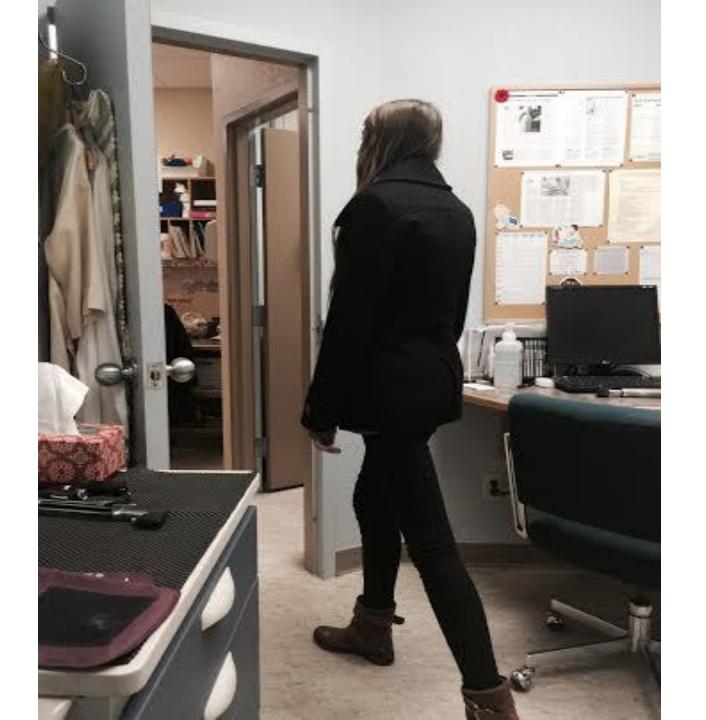


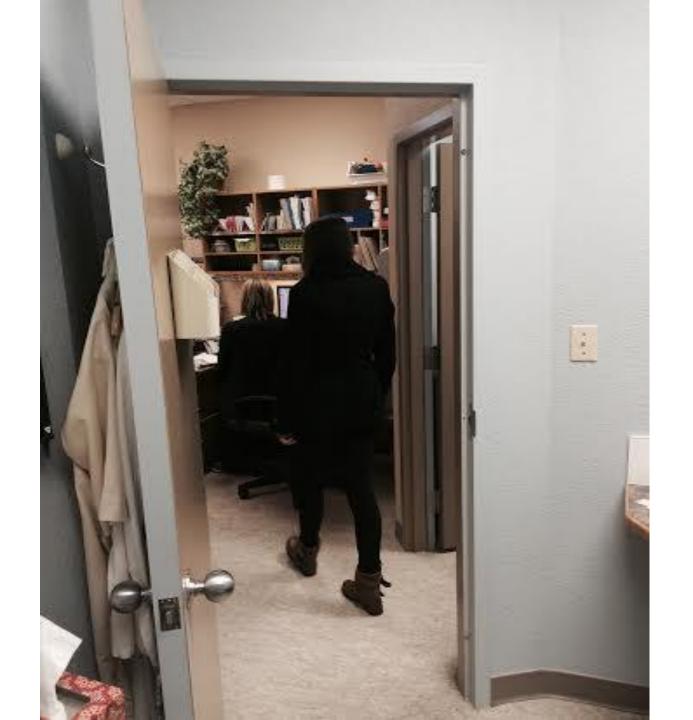


















\*Lelina Goes to the Doctor's Clinic was created by the University of Nursing students (Zach Pardiac, Rachael Knopf, Blayr Lightfoot, Ashley Delaney, Taleah Rosell and Micaela Pura) in partnership with Alberta Health Services and the Lethbridge Bhutanese Refugee/Newcomer Health Group.

This resource was developed to educate people about the process of visiting a doctor's clinic, using visuals and plain language.

More than half of all Canadians have low health literacy and lack the skills needed to adequately manage their health. Those most at risk for low health literacy include: seniors over the age of 65, families affected by low-income or who are living below the poverty line, people with limited education, anyone whose first language is not English or French, and newcomers.