

How to care for a COVID-19 patient at home



If at all possible, try to ensure that the ill person has a designated bedroom and bathroom.

Visitors should not come to the home.



Maintain social distance from the ill individual, as much as possible.



Do not allow ill person to prepare meals for others, and ensure that that ill person uses separate preparation area or at least prepares meals at a different time, washing all surfaces after.



Avoid sharing household items like dishes, drinking glasses, cups, eating utensils, towels and pillows.

Wash your hands frequently, with soap and warm water.



Frequently sanitize all surfaces, particularly hand rails, door knobs, sink taps, toilets, and other items of frequent touching.



Advise loved ones to cover their coughs and sneezes with their arm, not their hand, and to practice good respiratory etiquette at all times.



Monitor yourself for symptoms and visit ahs.ca/covid to take a self-assessment to determine whether you should be tested for COVID-19.